

**STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP**

Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

OMB APPROVAL	
OMB Number:	3235-0287
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1. Name and Address of Reporting Person * <u>Stanford Geoffrey C</u>  (Last) (First) (Middle) 1415 LOUISIANA STREET, SUITE 2900  (Street) HOUSTON TX 77002  (City) (State) (Zip)	2. Issuer Name and Ticker or Trading Symbol <u>Quintana Energy Services Inc. [ QES ]</u>	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner Officer (give title below) Other (specify below) Chief Accounting Officer
	3. Date of Earliest Transaction (Month/Day/Year) 02/09/2019	
4. If Amendment, Date of Original Filed (Month/Day/Year)		

**Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned**

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)		4. Securities Acquired (A) or Disposed Of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code	V	Amount	(A) or (D)	Price			
Common stock	02/09/2019		M <sup>(1)</sup>		2,500	A	(2)	3,800	D	
Common stock	02/09/2019		F		742 <sup>(3)</sup>	D	\$4.95	3,058	D	
Common stock	02/09/2019		M <sup>(4)</sup>		750	A	(2)	3,808	D	
Common stock	02/09/2019		F		222 <sup>(5)</sup>	D	\$4.95	3,586	D	

**Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)**

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)		5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Securities Underlying Derivative Security (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Number of derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	10. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	11. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code	V	(A)	(D)	Date Exercisable	Expiration Date						Title
Restricted Stock Unit	(6)	02/09/2019		M			2,500	(1)	(1)	Common stock	2,500	\$0	5,000 <sup>(1)</sup>	D	
Performance Share Unit	(6)	02/09/2019		M			750	(4)	(4)	Common stock	750	\$0	1,500 <sup>(4)</sup>	D	

**Explanation of Responses:**

- Represents the conversion upon vesting of certain restricted stock units into common stock of the Company. As previously reported on June 14, 2018, the reporting person was granted 7,500 restricted stock units on June 12, 2018, of which one-third vested on February 9, 2019 in accordance with the Company's 2018 Long Term Incentive Plan. Vesting shall occur on the remaining restricted stock units on the first and second anniversaries of February 9, 2019.
- Each restricted stock unit represents the right to receive, upon vesting, one share of Company common stock.
- Reflects 742 shares withheld by the Company at the market price of \$4.95 per share to fund the payment of taxes for the restricted stock unit conversion.
- Represents the conversion upon vesting of certain performance share units (PSUs) into common stock of the Company. As previously reported on June 14, 2018, the reporting person was previously awarded 7,500 under the Company's Long Term Incentive Plan on June 12, 2018. The PSUs vest and are settled when they have performance vested in accordance with certain achieved goals that are based on (i) relative total stockholder return and (ii) absolute total stockholder return. It has been determined that 2,250 of those PSUs are earned and eligible for vesting. On February 9, 2019, one-third of the PSUs earned were vested and settled. Should the reporting person satisfy the service requirement applicable to such earned performance units, vesting shall occur on the remaining PSUs in equal installments on the first and second anniversaries of February 9, 2019
- Reflects 222 shares withheld by the Company at the market price of \$4.95 per share to fund the payment of taxes for the performance share unit conversion.
- Each performance share unit represents the right to receive, upon vesting, one share of Company common stock.

**Remarks:**

/s/ Max L. Bouthillette, 02/12/2019  
attorney-in-fact

\*\* Signature of Reporting Person Date

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

\* If the form is filed by more than one reporting person, see Instruction 4 (b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB Number.